






	Cause	Looks Like	How to help
	<p>Basic Needs</p> <p>child is hungry, tired, uncomfortable or feeling unsafe</p>	<p>Crying meltdown</p>	<p>Loving Message Meet the Need Comfort Reassure</p>
	<p>Power Struggle</p> <p>child wants something and you don't want to (or can't) give it to him/her</p>	<p>Stubbornness</p>	<p>Loving Message Disengage Stop Reacting Stop Talking Ignore Wait it Out</p>
	<p>Emotional Issues</p> <p>child is acting out due to emotional or psychological issues</p>	<p>Acting out</p>	<p>Loving Message Remove Trigger Distract/Divert Limited Choices Remove from Situation Call for Assistance</p>